UMD RSOP AQUATICS SWIM LESSON SCHOOL

SUMMER SWIM LESSON PROGRAM 2019

<table>
<thead>
<tr>
<th>Session</th>
<th>Dates</th>
<th># of Lessons</th>
<th>Registration Deadline</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 1</td>
<td>June 10-13, 17-20</td>
<td>8, 30min lessons</td>
<td>am lessons: 4pm, June 7 pm lessons: noon, June 10</td>
<td>$70.00</td>
</tr>
<tr>
<td>Session 2</td>
<td>June 24-27, July 1-2</td>
<td>6, 30min lessons</td>
<td>am lessons: 4pm, June 21 pm lessons: noon, June 24</td>
<td>$52.50</td>
</tr>
<tr>
<td>Session 3</td>
<td>July 8-11, 15-18</td>
<td>8, 30min lessons</td>
<td>am lessons: 4pm, July 3 pm lessons: noon, July 8</td>
<td>$70.00</td>
</tr>
<tr>
<td>Session 4</td>
<td>July 22-25, 29-31, Aug 1</td>
<td>8, 30min lessons</td>
<td>am lessons: 4pm, July 19 pm lessons: noon, July 22</td>
<td>$70.00</td>
</tr>
<tr>
<td>Session 5</td>
<td>August 5-8, 12-15</td>
<td>8, 30min lessons</td>
<td>am lessons: 4pm, Aug 2 pm lessons: noon, Aug 5</td>
<td>$70.00</td>
</tr>
</tbody>
</table>

**AM Times PM Times Levels**

10:00-10:30am 5:00-5:30pm L1, L2, L3, L4*, L5*, L6*
10:30-11:00am 5:30-6:00pm PS1, PS2, L1, L2, L3
11:00-11:30am 6:00-6:30pm PS2, PS3, L1, L2, L3
11:30-12:00pm 6:30-7:00pm PC 1/2, PS1, PS2, L1, L2, L3

* Parent Child (PC), Pre-School (PS), Learn-To-Swim (L)

**NORTH SHORE SWIM CLUB PRE-TEAM (LEVELS 4, 5, 6)**

North Shore Swim Club now instructs all pre-team levels 4, 5, 6. All coaches are American Red Cross Water Safety Instructor certified, and are Level 1 & 2 certified by the American Swim Coaches Association. For entry into level 4, swimmers must have passed our level 3 course. For those swimmers who have passed a level 3 course from another curriculum, a pre-test is required. The pre-test will be given by the instructor the first day of class. For more information contact Coach Ted Patton 218-726-6759, tpatton@d.umn.edu.

- To Register for Swim lessons call the RSOP office at 218-726-7128.
- Free open swim to all families with children taking lessons.
- Disclaimers: If there are fewer than 3 students signed up for any class by the Friday prior to each session start date, we will contact those families giving them the option of moving to different class time/day. If no classes are available, a credit will be given which can be applied for future swim lessons.
- Please note that we do not accept late registrations once lessons have begun.
- There are no refunds for swim lessons.

PRIVATE AND SEMI-PRIVATE LESSONS

Private Lessons (one child only) $20 per ½ hr. lesson
Semi-Private Lessons (two children) $25 per ½ hr. lesson

Private Lessons are sold by purchasing a (4) 1/2 hour lesson punch card. All scheduling of Private Swim Lessons is negotiated between the Water Safety Instructor and the guardian of the student to ensure you get the best times to fit your busy schedule. There is a limited number of clients we can cater to each semester.

For more information about our private swim lesson program and to check availability, please contact the RSOP Main Office. Phone: 218-726-7128 • Email: rsop@d.umn.edu

ADAPTIVE PRIVATE SWIM LESSON PROGRAM

Our adaptive private swim lessons offer families an inclusive, welcoming environment where the curriculum, teaching methods and goals are adapted to the pace, ability and learning style of each child. An initial consultation before registration is advised to assist in modifying curriculums based on your child’s abilities. For more information and to register please contact our Adaptive Aquatics Specialist, Sommer Heikkila heikk110@d.umn.edu

Serving generations of Northland families with the highest quality America Red Cross swim lesson instruction for over 27 years.