UMD KIDSROCK Summer Camp Swim Test

This swim test is for express purposes of UMD KIDSROCK Summer Camp only, and every UMD KIDSROCK summer camper that wishes to swim without a personal flotation device and in the deep end of the UMD Pool must pass this swim test before they are allowed to. Below are the policy and procedures, parent/guardian acknowledgement, and swim test form. Please read through Section 1 and Section 2 carefully and parents/guardians must complete Section 2 before handing in this page to the UMD KIDSROCK Staff.

Please read carefully and complete this form and answer all BOLD (highlighted) questions.

SECTION 1: Swim Test Policy & Procedure:
- This form is used only for UMD KIDSROCK summer camps, and is not valid for RSOP Youth Swim Classes.
- All campers enrolled in the UMD KIDSROCK Summer Camp must pass a Summer Camp Swim Test in order to swim without a personal flotation device and in the deep end of the UMD Pool; additionally all campers enrolled in the UMD KIDSROCK River Camp must also pass this swim test before full participation is allowed in the River Camp activities.
- A parent/guardian must complete Section 2 before handing this page into a UMD KIDSROCK Staff member; this page (form) must be present at the time of the swim test.
- The Summer Camp Swim Test must be administered by a UMD RSOP Certified Lifeguard, and the tests will take place every Monday of the week of camp. If you would like to make special arrangements to take the test outside of camp time please contact kidsrock@d.umn.edu.
- In order to pass the Swim test a camper must complete a 20 yard swim in 4 – 5 feet of water.
- Once a camper passes the Summer Camp Swim test, the RSOP Lifeguard will sign the form to acknowledge so, the camper will be allowed to swim without a personal flotation device and in the deep end of the UMD Pool, and the form will be kept within the camper’s file.
- If a camper does not pass the test they may attempt to take it again the following day; a camper may only take the swim test once (1) a day and no more than twice (2) during one week of camp.
- The RSOP Lifeguards will visually assess each swimmer to determine whether they have the minimum requirement of skills and abilities to swim with confidence; the UMD KIDSROCK Staff will assist in the testing process.
- The RSOP Lifeguard, in conjunction with the UMD KIDSROCK Staff, may for safety reasons require a camper to wear a personal flotation device and/or remove a swimmer from the pool entirely.
- All campers and swimmers must acknowledge and abide by the rules of the UMD Pool facilities.

SECTION 2: Guardian Acknowledgement Wavier:
As the parent/guardian of ___________________________ Full Name, I acknowledge that and approve of their participation in the Summer Camp Swim Test; I understand that if they do pass this test they will be allowed to swim, all summer, without a personal flotation device and in the deep end of the UMD Pool during Swim Time at the UMD KIDSROCK Summer Camp; I also understand that if they do not pass they will need to where a personal flotation device and not allowed to swim in the deep end of the pool; and I acknowledge that I have read and understand all of the Policy and Procedures listed in Section 1 above; I also understand the final decision of the minimum requirements being met is determined by and at the discretion of the RSOP Lifeguards, in conjunction with UMD KIDSROCK Staff.

Printed Parent/Guardian Name ___________________________ Parent/Guardian Signature ___________________________ Date ___________________________