

University of Minnesota Duluth - Outdoor Program
American Canoe Association
Level 3 Coastal Kayak
Instructor Certification Workshop (ICW)
June 2 – 6, 2021

ACA Instructor Trainer Candidate Melody David-McKnight
ACA Instructor Trainer Educator Dale Williams

HERE'S WHAT TO EXPECT:

In this supportive environment you will demonstrate and hone your skills while receiving a professional evaluation of your paddling skills, technical knowledge, group management abilities, interpersonal skills, rescue skills and teaching ability. You will prepare lessons, develop your teaching methods, analyze videotape, refine paddling skills, and receive feedback from ACA Instructor Melody David-McKnight, and ACA Instructor Trainer Educator Dale Williams. **Prerequisite: successfully complete a Level 3 Coastal Kayak Skills Assessment or Trip Leader Assessment.**

***Participants not seeking an instructor certification are also invited to enroll for a portion of the course as practice students for the IT candidates at a discounted rate of \$400. Practice students should be comfortable paddling in 10-15 knot winds, 1-2 foot waves or surf, within 1.5 miles from shore. See description at end of document for details of how Practice Students will be involved.*

COST

ICW Only, \$450 UMD Students / \$650 Others
L3 Skills Assessment plus ICW, \$500 UMD Students/\$750 Others
ICW Practice Students: \$400

ACA membership for \$25 is not included in the workshop fee and must be paid for prior to the workshop by calling (540) 907-4460. The Safety Education and Instruction Committee (SEIC) fee of \$35 will be paid for separately during the workshop and mailed in with the report forms to the ACA National Office.

HOW TO PAY:

Please call the UMD RSOP Main Office [during our business hours](#) (currently 9am – 4pm Monday – Friday), at 218-726-7128.

WHERE:

We will meet at the UMD Boat Shed and / or the UMD Surf Shack. Details will be emailed closer to the date of the course.
UMD Boat Shed: 1401 St. Louis Avenue, Duluth, MN 55802
UMD Surf Shack: 6008 MN HWY 61, Duluth, MN 55804

**Recreational Sports
Outdoor Program**

UNIVERSITY OF MINNESOTA DULUTH
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GOALS:

Successful candidates will teach ACA Kayak courses to their level of certification.

GENERAL INFO:

Phone: (218)726-7128
Fax: (218) 726-6767
Email: rsop@d.umn.edu
<http://www.umdrsop.org>

Melody David-McKnight
dmcknigh@d.umn.edu
(218) 726-8231

TOPICS:

Detailed itinerary will be emailed closer to the course date. To prepare: thoroughly read the “Level 3 Coastal Kayaking Instructor Criteria:” https://cdn.ymaws.com/www.americancanoe.org/resource/resmgr/sei-courses/13_ck_instcrit.pdf. This provides more information on the skills that you will develop and be assessed on. Take some time to look over the website and gain a better understanding of the ACA: <https://www.americancanoe.org>

WHAT TO BRING:

In June, Lake Superior’s temperature ranges from 36 – 45 degrees Fahrenheit. Instructor Candidates should bring: 2 face masks, notebook, writing instruments, swimwear, nose plugs, PFD, wetsuit (or dry suit), spray skirt, paddling jacket, paddle, kayak, clothing layers and shoes that will get wet, wide-brimmed hat, sunscreen, eye glasses strap, sunglasses, warm hat, wool socks, snack, bag lunch, 2 full water bottles, towel, and a change of warm, dry clothes to change into. UMD paddling equipment will be provided upon request.

WE PROVIDE:

Instructional Materials Packet, access to instructional resources, use of a variety of kayaks for the workshop.

EDUCATE YOURSELF ABOUT THE ACA

To learn more about the General Requirements for all ACA Instructor Certifications, please read the SEIC Policy Manual available in a pdf format on line at https://cdn.ymaws.com/www.americancanoe.org/resource/resmgr/seic/SEIC_Policy_Manual_10-2019.pdf

COVID-19 PRECAUTIONS

We will be following the most up-to-date recommendations from the [Minnesota Department of Health and DNR](#), and University protocols. As of 1/28/2021 this means:

- Face coverings will be worn on land and whenever inside.
- We will work hard to maintain 6’ of physical distance at all times.
- Some components that do not need to be completed in person may be taught online.
- Skills that cannot be taught while maintaining 6’ of physical distancing may be taught online / demonstrated only / modified if safe to do so.
- Only one person allowed in each changing room at a time. Personal items must be kept contained in one bag.
- Equipment will be sanitized or washed with hot soapy water between uses or set aside for a holding period of no less than 72 hours.

A FULL COURSE SCHEDULE WILL BE SENT OUT CLOSER TO THE DATE OF THE COURSE.

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- Rock Climbing Wall
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- Climbing Instructor Certification and Training Workshops
- Summer Youth Adventure Camps

