

University of Minnesota Duluth - Outdoor Program

American Canoe Association

Level 3 Coastal Kayak Skills Assessment

Saturday, May 29th, 2021

HERE'S WHAT TO EXPECT:

This ACA Assessment Course is designed to evaluate a participant's ability to perform Level 3 Coastal Kayak Instructor skills in 10-15 knot winds, 1-2 foot waves or surf, within 1.5 nautical miles from shore, as well as demonstrate an appropriate level of knowledge. Participants will receive documentation of having achieved a certain level of paddling ability. This content is relevant for clubs, camps, and other entities providing trips. This is an assessment course with a written examination administered by a Coastal Kayak Instructor. This assessment can act as a stand-alone evaluation, and is also a prerequisite to participation in the Instructor Certification Workshop, June 2 – 6, 2021. Hosted by University of Minnesota Duluth Recreational Sports Outdoor Program and led by ACA Instructor Melody David-McKnight and ACA Instructor Trainer Pat Kohlin.

COST:

L3 Skills Assessment Only: \$100 UMD Students / \$150 Others
L3 Skills Assessment **plus ICW**: \$500 UMD Students/\$750 Others

ACA membership for \$25 is not included in the workshop fee and must be paid for prior to the workshop by calling (540) 907-4460. The Safety Education and Instruction Committee (SEIC) fee of \$35 will be paid for separately during the workshop and mailed in with the report forms to the ACA National Office.

HOW TO PAY:

Please call the UMD RSOP Main Office [during our business hours](#) (currently 9am – 4pm Monday – Friday), at 218-726-7128.

WHERE:

Meets at the UMD Surf Shack, 6008 MN-61, Duluth, MN 55804

WHEN:

Saturday, May 29th, 2021; 9am – 6:30pm

TOPICS:

Detailed itinerary will be emailed closer to the course date. Download and review the “Level 3: Coastal Kayaking Skills Assessment” course outline to learn what skills you will be assessed on:

https://cdn.ymaws.com/www.americancanoe.org/resource/resmgr/SEL-Courses/L3_CK_Assessment.pdf.

WHAT TO BRING:

In May the water temperature may be just above freezing. Participants should bring: 2 face masks, notebook, writing instruments, swimwear,

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GOALS:

- Evaluate your coastal kayaking skills at Level 3 and receive documentation of having achieved a certain level of paddling ability.

ADDITIONAL INSTRUCTOR TRAINING & CERTS IN 2020

- ACA L3 Coastal Kayak Instructor Certification Workshop, June 5 – 9, 2020

GENERAL INFO:

Phone: (218)726-7128

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Email: rsop@d.umn.edu

<http://www.umdrsop.org>

Melody David-McKnight

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Pat Kohlin

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(218) 726-8801

nose plugs, PFD, wetsuit (or dry suit), spray skirt, paddling jacket, paddle, kayak, clothing layers and shoes that will get wet, wide-brimmed hat, sunscreen, eye glasses strap, sunglasses, warm hat, wool socks, snack, bag lunch, 2 full water bottles, towel, and a change of warm, dry clothes to change into. UMD paddling equipment will be provided upon request.

WE PROVIDE:

Instructional Materials Packet, access to instructional resources, use of a variety of kayaks for the workshop.

EDUCATE YOURSELF ABOUT THE ACA

Take some time to look over the ACA website and gain a better understanding of the ACA and General Requirements for all ACA Instructor Certifications. Read the SEIC Policy Manual available in a pdf format on line at:

https://cdn.ymaws.com/www.americancanoe.org/resource/resmgr/seic/SEIC_Policy_Manual_10-2019.pdf

COVID-19 PRECAUTIONS

We will be following the most up-to-date recommendations from the [Minnesota Department of Health and DNR](#), and University protocols.

As of 1/28/2021 this means:

- Face coverings will be worn on land and whenever inside.
- We will work hard to maintain 6' of physical distance at all times.
- Some components that do not need to be completed in person may be taught online.
- Skills that cannot be taught while maintaining 6' of physical distancing may be taught online / demonstrated only / modified if safe to do so.
- Only one person allowed in each changing room at a time. Personal items must be kept contained in one bag.
- Equipment will be sanitized or washed with hot soapy water between uses or set aside for a holding period of no less than 72 hours.

A FULL COURSE SCHEDULE WILL BE SENT OUT CLOSER TO THE DATE OF THE COURSE.

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- Rock Climbing on Minnesota's North Shore
- Rock Climbing Wall
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- Summer Youth Adventure Camps

The Real Classroom is Outside...Get Into It!