CANOEING THE BOUNDARY WATERS WILDERNESS AREA ADVENTURE
New friends and fun will be launched as we paddle into the Boundary Waters Canoe Area Wilderness. Explore the beauty and wonder of this wilderness with our experienced and enthusiastic leaders. Stargazing, stories and listening for hooting owls and howling wolves are included on this trips itinerary. We will paddle across lakes near the Gunflint Trail and carry our gear over portage trails to remote and primitive campsites. Cost: $341

NORTH WILDERNESS SAMPLER
In this, our most popular trip, you can sample canoeing, hiking, stargazing, nature based arts, rock climbing, and swimming all within the same four day stretch. Your group will travel to the edge of the Boundary Canoe Area Wilderness with our experienced and enthusiastic leaders. We will lodge in rustic cabins, eat s’mores, and enjoy lively conversation with new friends around a campfire under the stars. If you are interested in what each of the Freshmen Trips has to offer, the Northwoods Sampler is for you.
Cost: $341

ROCK CLIMBING LAKE SUPERIOR’S NORTH SHORE
Excitement. Friendships. Challenge. All these and more are included in this trip. You will experience some of the most amazing rock climbing locations in the Midwest. When we are not rock climbing Lake Superior’s North Shore, we will be hiking along the area’s beautiful trails. Whether you have always wanted to try rock climbing or are a seasoned veteran, you will experience fun challenges in a safe and supportive atmosphere. Our trained leaders will cover safety, equipment and technique. In the evening, listen for night sounds and share stories around the campfire with new friends.
Cost: $334

FISHING THE BOUNDARY WATERS CANOE AREA
Here is your chance to explore the Boundary Waters with new friends AND go fishing! Join us as we travel by canoe to a variety of lakes and fishing spots to discover the beauty of this pristine wilderness and have fun. We will be paddling, camping, and partaking in lakes off the Gunflint Trail. Bass, walleye, northern pike, and lake trout are all possible catches when on this outdoor trip.
Cost: $341

SEA KAYAKING THE APOSTLE ISLANDS NATIONALS LAKE SHORE
The Apostle Islands National Lakeshore is a beautiful string of islands on Lake Superior’s South Shore. Our experienced leaders will introduce you to equipment, safety and paddling techniques. They will also share stories about voyagers, shipwrecks and island living. Explore sea caves and secluded beaches in double sea kayaks. We will load our gear into sea kayaks and paddle out to Camp on islands with sand beaches, stargaze, swim and hike with new friends.
Cost: $341

MOUNTAIN BIKING THE CHEQUAMEGON AREA
The Chequamegon Area is the mountain bike capital of the Midwest and we will sample some of the best trails it has to offer. Wilderness. Forests. Campfires. And fun with new friends! Whether you are just getting into mountain biking or have been at it for many years, this trip will be a great adventure. We will camp at small, primitive campgrounds and pedal on trails during the days. You will need a mountain bike with front suspension (we have some to rent).
Cost: $341

STAND UP PADDLE BOARDING LAKE SUPERIOR’S NORTH SHORE
Experience the North Shore in a whole new way! Join us as we paddle down rivers, discover hidden inland lakes, and tour the coastline of Lake Superior’s North Shore all from a stand up paddle board. No experience in stand up paddle boarding is required. Your trusty guides will provide all the paddling gear and teach you the skills necessary to have a safe and fun water adventure. When we’re not on the water, we will hike legendary trails, make new friends, and enjoy stories around the campfire.
Cost: $341

CANCELLATION POLICY
A full refund will be given if a written cancellation is received by July 12, 2017 or if we can fill your spot with someone from the waiting list. A 50% refund will be given if a written cancellation is received by July 21, 2017. Due to the logistics involved with programming these trips, refunds will not be available after July 21, 2017. Early housing check-in is available only for those students participating in a First Year Outdoor Trip.

U M D 2 0 1 7 F R E S H M E N O U T D O O R T R I P
Registration Begins June 5, 2017
Space is limited so send your registration early!
Registration Deadline: Postmarked July 12, 2017 or call your reservation to 218-726-7128

SEND YOUR PAYMENT AND COMPLETED REGISTRATION FORM TO:
UMD Recreational Sports Outdoor Program (RSOP)
Attn: Freshmen Outdoor Trips
153 Sports and Health Center
1216 Orléan Court
Duluth, MN 55812

We will confirm your registration by email with a trip itinerary, equipment list, confidential health form, and early UMD Housing move-in details (available for those with confirmed housing assignments).
WHAT'S INCLUDED:
› A fantastic trip with awesome leaders
› All transportation from campus
› Instruction
› Group and activity equipment
› Food on the trip
› Early on-campus housing move-in (Aug. 19)
› T-shirt
› Post-trip picnic

FRESHMEN OUTDOOR TRIPS

These trips are a great way to transition to UMD through meeting friends and having fun! Each trip is well planned, has great leaders, and gets you out to explore wild places. Safety and fun are top priorities.

These trips are lead by experienced Outdoor Program student leaders and faculty from throughout the UMD campus.

NO EXPERIENCE NECESSARY.

WHAT’S INCLUDED:
› A fantastic trip with awesome leaders
› All transportation from campus
› Instruction
› Group and activity equipment
› Food on the trip
› Early on-campus housing move-in (Aug. 19)
› T-shirt
› Post-trip picnic

Freshmen Outdoor Trips Office
218.726.7128 rsop@d.umn.edu

UMD Admissions Office
218.726.7171 umdadmis@d.umn.edu

UMD Housing Office
218.726.8178

August 19-22, 2017

WHAT PAST PARTICIPANTS HAD TO SAY!

“I think Freshmen Outdoor Trips is one of the best things I have done since coming to UMD. I met so many new people and tried new things. When we came back to Welcome Week, I felt like I was ahead of most of my classmates because I knew people. Then when classes started I didn’t feel so out of place. I knew I had people I could talk to and go to events with. Most of the close friendships I have made this year started from that trip.”

“Going on a Freshmen Outdoor Trip will forever be one of my favorite college experiences! Getting to hike, canoe and rock climb in Northern Minnesota with people who also have a love for the outdoors is a great way to start your first year at UMD. One obstacle many freshmen face is making new friends, but on the trip it was so easy. Everyone was incredibly warm and welcoming, and I made several friends. I highly recommend Freshmen Outdoor Trips for any and all incoming freshmen!”

Details for these trips and photos from past trips can be found at www.umdrsop.org

The University of Minnesota Duluth is an equal opportunity educator and employer.

Come to UMD early for an...Experience of a Lifetime!