Virtual Tour of UMD Health Services
To get to Health Services from the Kirby Student Center, take the staircase to the 3rd floor.
You will see this sign on the 3rd floor. Continue walking straight past the dining center until you approach the tunnel.
This is the start of the tunnels into the dorms.
Continue going through the tunnels.
Now curve right towards Lake Superior Hall.
Once you enter Lake Superior Hall, take the staircase on your left up one flight of stairs.
Take the stairs up to the lobby of Lake Superior Hall. Then you will take a left to go out the main doors of Lake Superior Hall.
Exit the Lake Superior Hall lobby doors and follow the path to the right.
Follow the ridged sidewalk up the hill.
Health Services is on your left, and Heaney Hall is on the right.
When you reach Health Services, you can use the accessible entrance on the right side of the building, or go to the front entrance.
Health Services offers medical, counseling and education services and is open 8:00am - 4:00pm MTWF, and 9:00am - 4:00pm Thursdays during the academic year; 9am -3pm M-F during the summer. You can call 218-726-8155 for more information or to make an appointment.
If you are driving to Health Services, the address is 615 Niagara Court. There is designated parking for Health Services patients in the front parking lot. You will need to go inside to get a parking pass from the receptionist.
The registration area is located where you walk in the front door of Health Services on the first floor. This is the area where you check-in for a medical appointment or to see one of our health educators. The staff at the front desk will answer any additional questions and tell you where to go. For counseling appointments, you will register upstairs unless otherwise indicated (see slide 27).
For a first time medical or counseling visit you will need to bring the new patient forms, your insurance card, and your UMD student ID.
Health Services offers physical therapy to all UMD Students; all you need to do is call Lake Superior Physical Therapy to schedule an appointment on campus. A doctor’s referral is required for physical therapy.
Students seeking same day medical care for minor illnesses can make an appointment to see a registered nurse in the Health Services Nurse Care Office. If you are not sure if you need to be seen, you can leave a message on the nurse care line and a nurse will return your call when available, 218-726-7870.
Immunizations & allergy Injections are offered at Health Services.
Health Services has a full laboratory and X-ray.
The medical area of Health Services is on the second floor. We are staffed by physicians, nurse practitioners, nurses, certified medical assistants, and laboratory technicians. We can address most of your medical needs including physical exams, sports injuries, sexual health, tobacco cessation and general illness. We also have a dispensary that carries some commonly prescribed medications.
When you arrive upstairs for a medical appointment, place your registration paperwork face down in the bin at the medical station and be seated in the waiting area.
Waiting area for medical appointments
4Me@UMD offers family planning services to qualifying students at UMD. This program provides the following services free of charge: annual exam (pelvic, pap smear, breast exam and associated labs), birth control, testing and treatment of sexually transmitted infections identified during initial exam and emergency contraception. Learn more about 4Me on our website.
Students who pay the student service fee (enrolled in 6 or more credits) do not pay a fee or co-pay for an office visit with our medical providers. Fees will be charged for services beyond the provider exam and consultation to include billable services (x-rays, lab tests, etc). Health Services accepts most insurance providers.
Counseling Services is upstairs. If the sign near the stairs on the first floor is green go ahead and check-in and wait upstairs; but if it is red, check-in at the lower level reception before going upstairs.
Counseling reception area on second floor
Waiting area for counseling services. Counseling Services are free and confidential for all registered UMD students. Students can call 218-726-7913 to make a counseling appointment. Health Services also provides a “Let’s Talk” program which offers drop in consultations with a counselor, no appointment necessary.