



bagley nature area

hiking/cross country skiing trails behind umd oakland apartments

hawk ridge

>10 miles out & back
>run or mountain bike

copper top

>5 miles out and back

engert tower

>9.5 miles out and back

[OTHER GREAT LOCATIONS TO EXPLORE]

lakewalk	park at the base of 21st ave. e. >walk/run, bike, skate
munger trail	across from zoo behind munger inn >walk/run, bike, mountain bike, skate
hartley park	st. marie st., left on carver, straight to trail head >walk/run, mountain bike, ski, snowshoe
lester park	woodland to 21st ave. e., east on superior st. to lester river >walk/run, mountain bike, ski, snowshoe

umd area >fitness routes

a healthy lifestyle is only a step away!





umd campus walking map

- parking lots
- campus buildings / housing
- playing fields, nature areas
- inner campus loop [1.5 miles]
>begin at ordean court
- outer campus loop [2.3 miles]
- chancellor's challenge [2.0 miles]
>follow the chancellor's challenge arrows throughout campus, beginning with three laps around the indoor track
>do this daily as part of a fitness maintenance program

